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Six months after their split Angelina Jolie and Brad Pitt find peace

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Nearly three years after Florida professor Dan Markel was fatally shot, police say his ex's family may be linked to his killers

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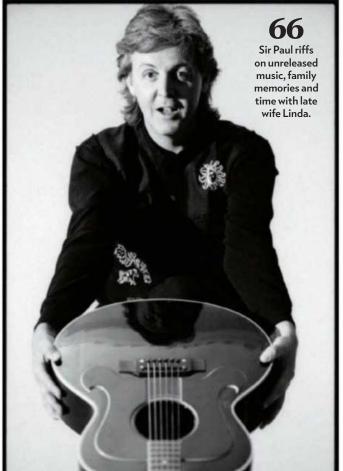






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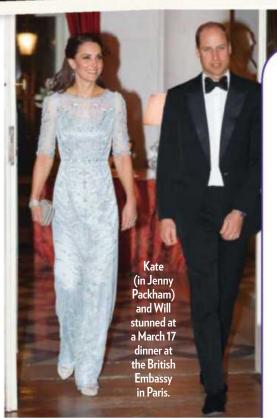
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StarTracks The pair celebrated St. Patrick's Day with a pint of Guinness.

After meeting with victims of the Nice and Bataclan **Theatre** terrorist attacks. Will and Kate posed for a photo in front of the Eiffel Tower on March 18.



**Prince William** and **Princess Kate** kicked off the weekend on March 17 in West London, toasting St. Patrick's Day with a pint at the Irish Guards' barracks before heading to Paris. (The French capital is where Princess Diana died in a 1997 car crash.) During their twoday whirlwind tour, the royals met with dignitaries and French terrorist-attack victims in addition to squeezing in some time to play tourist in the City of Light.



CLOCKWISE FROM TOP LEFT: RICHARD POHLE/GETTY IMAGES; SAMIR HUSSEIN/ WIREIMAGE; JOE SCHILDHORN/BEA/REX SHUTTERSTOCK; GERARDO MORA/ GETTY IMAGES; PACIFIC COAST NEWS; MICHAEL KOVAC/GETTY IMAGES; FRAZER HARRISON/GETTY IMAGES; LAURENT VU/CORBIS/GETTY IMAGES













#### **BACKSTAGE WITH THE OBAMAS**

New York City, March 11

Former First Lady Michelle Obama and 18-year-old daughter Malia (fifth and seventh from left, respectively) met the cast of Broadway's Jitney, based on the August Wilson play. From left: Brandon J. Dirden, Michael Potts, André Holland, Carra Patterson, Anthony Chisholm, John Douglas Thompson, Harvy Blanks, Ray Anthony Thomas and Keith Randolph Smith.

#### SNEAK PEEK: SESAME STREET'S FIRST MUPPET WITH AUTISM

There's a new kid on the Sesame Street block and she's a redheaded muppet with autism named Julia. "We're looking to destigmatize autism," says Sesame Workshop's Sherrie Westin of the new character, who will make her debut April 10 on HBO and PBS Kids. "Julia is going to be so powerful."





Los Angeles, March 18
Selma Blair and 5-year-old son
Arthur enjoyed a mother-son date,
walking the carpet together at
the grand opening of childcare
facility WeVillage.

CLOCKWISE FROM TOP LEFT: BRUCE GLIKAS/MTC/JITNEY; SESAME WORKSHOP; ZACH HYMAN/SESAME WORKSHOP; SESAME WORKSHOP; XAVIER COLLIN/IPA/SPLASH NEWS



## styletracks

## **RED CARPET REPORT** Best Looks of the Week

FROM ECO-FRIENDLY COUTURE ON EMMA TO A JUMPSUIT IN DISGUISE ON SCARLETT, IT'S ALL IN THE DETAILS FOR THESE HEAD-TURNING STYLES



#### Katy Perry

In a halter gown with a ruffled neckline by Rasario with Ana Khouri earrings and Anita Korings.

#### **Mandy Moore**

In a hunter-green bell-sleeve top and matching pants by Lela Rose with a Jennifer Behr headband, Dana Rebecca jewels and Jimmy Choo shoes.

#### Scarlett Johansson

In a one-shoulder teal jumpsuit by Balmain with a metallic clutch.

#### Emma Watson

In a Givenchy Haute Couture by Riccardo Tisci gown made with certified organic fabrics and Ana Khouri jewels.

#### **Gabrielle Union**

In an embellished floral gown by Naeem Khan and strappy black heels.



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Europe, speaking out against sexual violence in war zones. She delivered her first lecture at the London School of Economics (she'll be a visiting professor in the fall), met with UNHCR officials, toured Buckingham Palace with son

Europe. The once-acrimonious relationship is now at least cordial. Jolie even recently told ABC she thought Pitt was a "wonderful" father. "He's always been extremely positive about how Angie's a good mother, and the goal was to resolve everything for the kids and the whole family, and they're working toward that," says the source.

Most importantly to Pitt, he's seeing his kids more regularly than he did right after the split. **'BRAD LOVES** "He is spending more time HIS CHILDREN with the kids when they are AND WOULD **DO ANYTHING** in L.A.," says another Pitt FOR THEM' insider. "He has even spent -A PITT INSIDER some time with Maddox and Pax. Things are definitely calming down. Occasionally he still gets a bit down. He went from having quite the chaotic, full house to a very quiet house. Waking up with the kids every morning seemed to make him very happy."

Pitt-who isn't dating, according to sources—has a low-key social life. "He often has friends over, Old friends are back in his life, and he seems happy about it," says the insider. And the two-time Sexiest Man Alive has been working out

almost daily. "He's lost a few pounds. He's in very good shape," says the source. Pitt has also been lining up his next movies as an actor and producer, developing the sequel to his 2013 hit World War Z while reportedly considering a role in another sci-fi film, Ad Astra. (Next up he stars in Netflix's War Machine, out May 26.) And he's continuing his charity work, stepping out Jan. 14 at the Rock for

> EB! benefit (see page 72). Another passion he's diving into: sculpting. An art aficionado, he spent the morning of the

Oscars working on his

own creation at artist Thomas Houseago's L.A. studio before watching the awards ceremony on TV with friends. (Moonlight, which he executive-produced, took home Best Picture.) "People close to him are happy he has found something new to be passionate about," says the insider. Adds an entertainment-industry source: "Brad is lying low and concentrating on his work—and he loves being a dad. He is in better spirits." -MARY GREEN

with Pernilla Cedenheim, Linda Marx and Sara Nathan

Brad's Next **Movies** 



World War Z 2 \$540 million zombie blockbuster is still in the search for a director continues



War Machine Michael Hastings's ook The Operators, May 26 on Netflix. is a first-person view of the war in Iraq and Afghanistan.



The Lost City of Z to play explorer Percy Fawcett, who journeyed into the Amazon. Instead, he executive produced, and Charlie Hunnam stars in the April 14 film.

WATCH THE SHOW! Sexiest Man Alive

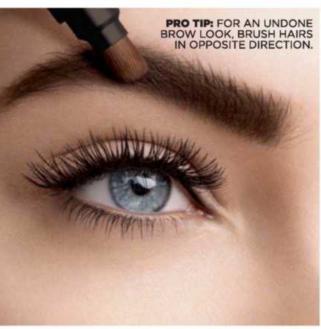
Maddox and

met with the Archbishop of

Canterbury.

For more on Brad Pitt and his fellow Sexiest Men Alive, including George Clooney, Dwayne Johnson and Matthew McConaughey, tune in to ABC and People's upcoming special.





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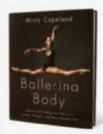
# **MISTY COPELAND** MY BODY, MY RULES

Your new wellness book Ballerina Body focuses on your personal diet and exercise tips. What made you want to write it?

I feel like it's about time that people really understand all it takes to build a ballerina's body and to disprove all these falsehoods about dancers being anorexic. I want people to appreciate the athleticism and physicality.

You talk about how, at 19, doctors put you on birth control so you would hit puberty-how did that affect your body image?

I had an ideal ballet body at the time, so when it all changed, I lost the feeling of being in control. It was also difficult to experience



puberty so late in the game as a professional dancer. You then gained 10 lbs., which led to criticism from your teachers. How did that feel?

It was hard hearing from them that I needed to lose weight. I had never heard that before.

How do you deal with the criticism now?

Once you accept yourself for who you really are, there's only so much you can do. It has nothing to do with me, and everything to do with the person doing the criticizing!

-JULIE MAZZIOTTA





event," says Michael Peña of vatching *CHiPs* as a kid. "We'd turn own the lights to

"We were all fans of CHiPs growing up—especially being Latino," says Peña, who tackles the role in the movie remake of the classic '80s tight-pantsmotorcycle-cop TV show originally starring Erik Estrada. "Erik Estrada was so cool," says the Ant Man star, 41. "And being from Chicago, California looked like heaven. Bikinis everywhere!" Before becoming an actor, Peña planned to go to business school but was so good at imitating people that he wound up at a casting call. So is his son Roman, 8, excited to see him join the California Highway Patrol? "He couldn't care less!" Peña says. "Maybe he was excited for, like, a week that I was in Ant Man."

-KATHERINE RICHTER

KIM KARDASHIAN WEST

**HOW THE ROBBERY CHANGED HER** 

Nearly six months after being held at gunpoint in Paris, the reality star has turned a corner. "The robbery changed so much, but now she sees it as positive changes," says a source close to Kardashian West, 36. She's scaled back on appearances and social media, "loves being at home with her kids and prefers sweats to getting dressed up," says the source. A family insider observes her marriage to Kanye West, 39, is "better than ever" after a trying few months. Adds the Kardashian West source: "They both enjoy living a more quiet life with a focus on their kids."

-MELODY CHIU with Pernilla Cedenheim





maybe seven or eight years ago, but we've never worked together before. Jake is one of the most interesting actors working in this crazy business right now. But what I did not expect is that we would hit it off as friends the way we did. **GYLLENHAAL** I just

thought, what a genuinely good man. He is good to other people; he is such a good dad; he is such a good husband.

**REYNOLDS** My skin feels like it's on fire!

**GYLLENHAAL** I would say these things if we weren't selling a movie!

Have you ever been up for the same role?

REYNOLDS Hmm, I don't know. I don't read scripts without pictures.

**GYLLENHAAL** There have been many times where someone has pitched a movie to me and they'd have the visuals along with the screenplay, and it's pictures of Ryan as the character!

What was it like squeezing into the International Space Station set?

**GYLLENHAAL** Working with Ryan can really suck the air out of a room. **REYNOLDS** I can make a big room feel tiny. I can

was a very small set, very close to what the actual ISS is like.

If you really were stuck in space together, what would get on your nerves eventually?

**REYNOLDS** The juggling? I gotta juggle and at zero Gs that's got to be pretty annoying.

**GYLLENHAAL** He gets up super early.

**REYNOLDS** Well, I have a 5-month-old baby. **GYLLENHAAL** I have a feeling it was before that as well.

**REYNOLDS** That's called life panic.

-KRISTEN O'BRIEN





(daughter Apple is 12; son Moses is 10). Pals complained of the same torpor, so Paltrow launched Goop Wellness, a line of vitamin packets targeting issues like fatique. Paltrow, who dates writer-producer Brad Falchuk, also

cut herself more slack as a parent. sugar and
metabolism, The
Mother Load for
pre- and postnatal
care and Why Am
I So Effing Tired
to combat "When my kids were younger, I put them first to the point where I exhausted myself. It led to me being short-tempered. I thought, What if I gave myself

permission to take a 20-minute nap and let them be on their iPads and not beat myself up?" But her best wellness tonic is family bonding: "Nothing fills me up more than hugging my kids."

-CATHERINE KAST



-EMILY STROHM

ing a life together is

simply done one day at

a time. Beauty comes

cannot wait to see and

from ashes, and we

kiss the face of this

sweet new boy!"





**DUGGAR** 

There's a new baby

on the way for the

ity star and his wife,

Anna, 28, who have

embattled former real-





## The Bachelor Twins Are Back!

You were the first twins to compete on The Bachelor, and now you have a spinoff show, The Twins: Happily Ever After. **HALEY** Emily and I just love to have a good time. [In the show] we're trying to find the balance between being goofy and trying to learn how to be mature adults. What were your biggest fears

about moving from Las Vegas to L.A. and living on your own?

**EMILY** I think our biggest fear was not having enough good food. Everybody in L.A. actually eats kale, and it's disgusting.

What do you steal out of each other's closets?

**EMILY** I always take her jewelry. **HALEY** And you always end up losing one earring!

Do you believe in "happily ever after"?

**HALEY** I totally believe that people can fall in love when the timing is right. I believe that we will have our happily ever after.

-CHRISTINA DUGAN

# MADISON FERRIS Breaking Barriers on **Broadway**

Madison Ferris is the first actress in a wheelchair to play a leading role on Broadway, but the 25-year-old, currently starring opposite Sally Field in The Glass Menagerie, says she doesn't feel like a role model. "I'm just an actor, trying to do the part as best I can," she says of playing Laura, the shut-in daughter in Tennessee Williams's classic play. "But I think it definitely brings more to the character." The Pennsylvania

native was diagnosed with muscular dystrophy—a progressive genetic disease that weakens the muscles—in adolescence. But she never gave up on her acting dreams. "It really didn't change a whole lot," she says. "People say I'm stubborn, and it must be true—I've just done what I wanted to do, despite challenges. I've always wanted to act professionally, so this is an amazing feeling." - DAVE QUINN









# passages



#### **WEDDING NEWS**

Actors Amanda Seyfried, 31, and Thomas Sadoski, 40. who are expecting their first child together, married in a secret ceremony on March 12.

#### **SPLIT**

Melanie "Mel B" Brown has filed for divorce from her husband, Stephen Belafonte, after nearly 10 years of marriage. The couple, both 41, have one daughter together, Madison, 5.

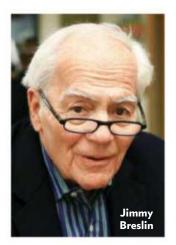
#### **BABIES**

French actress Marion Cotillard, 41, welcomed a daughter with Guillaume Canet, 43, in early March. The couple also have a 5-year-old son. ● Eric Trump and his wife, Lara, both 33, are expecting their first child, a boy, in September. • Backstreet Boy A.J. McLean, 39, welcomed a daughter with his wife, Rochelle, on March 19. Lyric Dean joins sister Ava Jaymes, 4. • Wonder Woman star Gal Gadot, 31, and her husband, Yaron Versano, welcomed a second daughter, Maya. She joins sister Alma, who was born in 2011. • Broadway star Megan Hilty, 35, welcomed a son, Ronan Laine, with

husband Brian Gallagher. They are also parents to daughter Viola Philomena, 2.

#### **UPDATE**

Tom Brady's stolen New England Patriots jerseysone from this year's Super Bowl and one from his victory in 2015-have been found in Mexico "in the possession of a





credentialed member of the international media," NFL officials said in a statement.

#### **DEATHS**

Legendary newspaper columnist Jimmy Breslin, 88, died on March 19 at his home in Manhattan. Jerseylicious star Mike Aktari, 28, died on March 13 in Westbury, N.Y.

By Jessica Fecteau



## Joe Montana

The NFL Hall of Famer, 60, is raising awareness about heart disease

Heart disease ran on my mother's side of the family. My **ABOUT GIVING** grandfather passed away at 54 from heart disease, and **BACK** two of her brothers had heart attacks at an early age. Coming from my background as an athlete, I never really thought it would affect me. But when I went to the doctor's one day [soon after retiring], I had high blood pressure and high cholesterol. My wife, Jennifer, and I have partnered with Amgen and the Breakaway from Heart Disease campaign trying to spread the word about how heart disease is the No. 1 killer in the United States and how important it is for people to get to their doctor and find out what type of risk they have. Jennifer's father also had heart disease at an early age, and because of all those family risk factors it puts our kids at risk, even though they're young and healthy. This is something that you can take care of if you know that you're at risk. In some cases it's medication, but sometimes it's simple For more information, go to breakawayfrom heartdisease.com

lifestyle changes—it's something that you don't have to live with.—REPORTED BY MARIAH HAAS

PERSONAL STORIES

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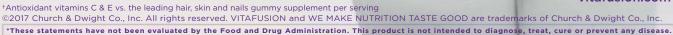
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Saban's Power Rangers
Go back to the '90s with a big-budget version of the afternoon-TV hit

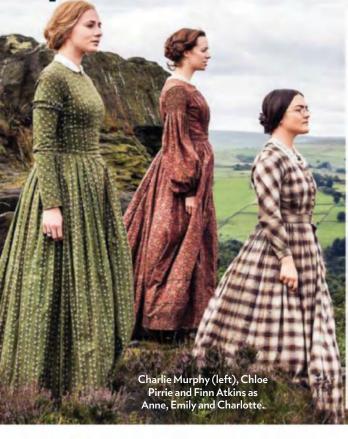
No. **ACTION** The original *Mighty Morphin Power Rangers*, about five teens chosen to protect Earth, was ultralow-budget—and '90s kids raced home for all the candy-colored action. (In early seasons executive producer Haim Saban used footage from a Japanese show for fight scenes.) Now the premise is rebooted—and updated as a big-budget blockbuster. The cast is still diverse, but (thank goodness) the Yellow Ranger is no longer Asian and the Black Ranger is no longer black. With a deliciously biting Elizabeth Banks as villain Rita Repulsa and a fleshed-out plot that's more Marvel than Michael Bay, it'll make fans new and old smile when they hear "It's morphin' time." (March 24, PG-13)

To Walk Invisible: the Brontë Sisters
They struggled in isolation, but

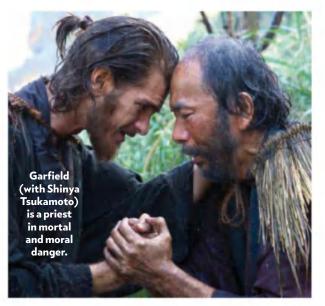
they weren't Eyre-heads

PRAMA We tend to think of the

Brontës-Emily, Charlotte and Anneas swooning and swanning around the damp moors until, having managed to cough up such hot-blooded masterpieces as Jane Eyre and Wuthering Heights, they quietly expired. This excellent Masterpiece production shows them instead as practical, hardheaded and driven by economic necessity: How were three women without husbands to survive in rural West Yorkshire. especially when they could expect no support from their sole brother, the feckless, alcoholic Branwell? In 19th-century England, he had the advantage of his sex. They prevailed by genius. (PBS, March 26, check local stations)



No. 7 RuPaul's Drag Race
REALITY Season 9 launches with Lady Gaga as a guest judge and contestants sashaying in appropriately delirious getups-Nina Bo'nina Brown, dressed as a miniskirted Georgia peach, enters with a combination headdress-mask that suggests both ready-topick fruit and tabloid photos of extra-terrestrials. If drag doesn't have much of a transgressive kick Host RuPaul's anymore, its celebratory quests this season include sense of brazen camp and Meghan Trainor self-invention is still and Tori irresistible. There should Spelling. always be a home, on TV or anywhere else, for performers named Sasha Velour and Farrah Moan. (VH1, March 24, 8 p.m.)



No. Silence
DVD+STREAMING

DRAMA After prestigious

advance buzz, including a screening for the Pope,
Martin Scorsese's religious epic opened to the sound
of crickets. Beautifully shot and featuring anguished
but understated performances by Andrew Garfield and
Adam Driver, this tale of Jesuits facing martyrdom in
feudal Japan really deserves to be discovered. (March 28)













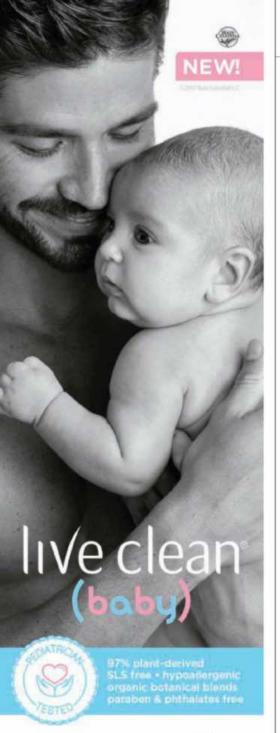
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# No. The Most Hated Woman in America

**DETFLIX** DRAMA Melissa Leo plays the notoriously contentious Madalyn Murray O'Hair, an

atheist who challenged prayer in public schools in the 1960s and—in 1995, long after she'd stopped making headlines—was kidnapped and murdered. Leo plays O'Hair as a battering ram who doesn't quite grasp why she's always fighting. In the end, she may actually be tragic. (Launches March 24)





No. **Rebel**DRAMA Director
John Singleton's

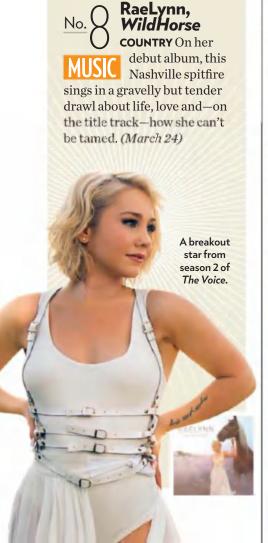
new crime series—about a cop (Danielle Moné Truitt) who leaves the force under a cloud and proceeds to kick up a storm—lurches from surprise to surprise. That unpredictability, verging at times on instability, makes for edgy fun. (BET, March 28, 10 p.m.)

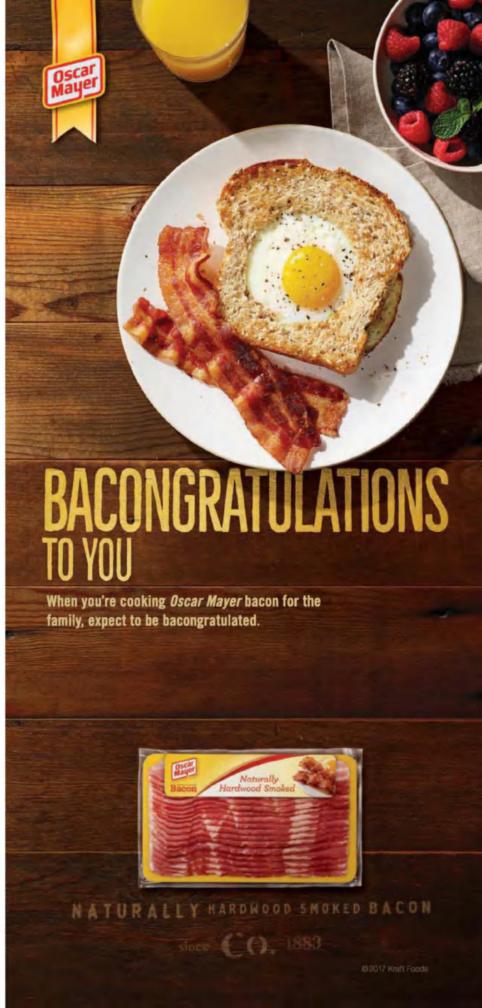


No. Sometimes you can win for losing

#### MOVIE

COMEDY DRAMA Wilson (Woody Harrelson) is a middle-aged man so aggressively inappropriate, he thinks the way to ask a woman out is to rear-end her car with his. But his deepest wish is pure: to reconnect with his ex-wife (Laura Dern) and their daughter (Isabella Amara). The reunion is bound to veer toward the pathetic, but the movie is often funny. And Harrelson is insufferable yet sweet—no mean feat. (In limited release March 24, R)









**Harlots** Two women who gave it their all, bawdy and soul DRAMA In 1763 London Mrs. Wells (Samantha Morton) and Mrs. Quigley (Lesley Manville) run rival houses of ill repute. The latter is *upscale*, to use the modern vernacular, but either way it's a low-down business. There's an empowerment theme here—women exploiting their male exploiters—but the main (and considerable) pleasure is waiting for the madams to go mano a mano. It's Feud by way of Moll Flanders. (Launches March 29)



#### Grace and Frankie COMEDY

Jane Fonda and Lily

Tomlin return as television's most agreeably seasoned sitcom frenemies, this time hatching a business: vibrators for women of a certain age. It all hums along. (Launches March 24)







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#### The Best New Books

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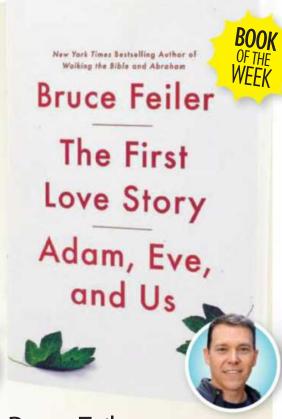
#### Jancee Dunn How Not to Hate Your Husband After Kids

NONFICTION As a new mom, Dunn found herself shouldering an increasing workload while her husband's life had barely changed. "I feel like he's a guest at the hotel I'm running," she writes in this laugh-out-loud account of how she set out to rescue their fraying relationship. Get this book for your pregnant friends-or yourself.



#### Sarah Dunn The Arrangement

**NOVEL** The creator of ABC's American Housewife, Dunn has a keen eye for the comforts and absurdities of upscale suburban life. Here she explores the adventures of a middleaged couple, parents of an autistic son, who decide to try an open marriage. Sensible insights about love are the novel's ultimate destination, but the ride is wildly entertaining.



#### Bruce Feiler The First Love Story

NONFICTION Could our deepest relationships benefit from a fresh look at Adam and Eve? Yep, says Feiler, who sees this much-maligned couple not as sinners but as the true inspiration for romantic love between equals. With witty insights into how Eden's duo have impacted culture-from Mae West's unabashed sexuality to Jerry Maguire's infamous "you complete me" line-this modern meditation on an ancient story carries a profound message: For humans, love is everything.

#### NEW MEMOIRS

#### **Ariel Levy** The Rules Do **Not Apply**

In one month writer Levy lost her soon-tobe-born child, her wife and her home. Her resilience in the face of tragedy makes this a profoundly affecting read.

#### Joan Juliet Buck The Price of Illusion

Longtime French Voque editor Buck looks back on her glamorous life (Dad was a producer, BFF was Anjelica Huston) in this lush, charming memoir.

#### Hida Viloria **Born Both**

Intersex babies often have their dual gender surgically "corrected," but trailblazing activist Viloria didn't. Her book is fierce, brave and a clarion call to celebrate our differences.





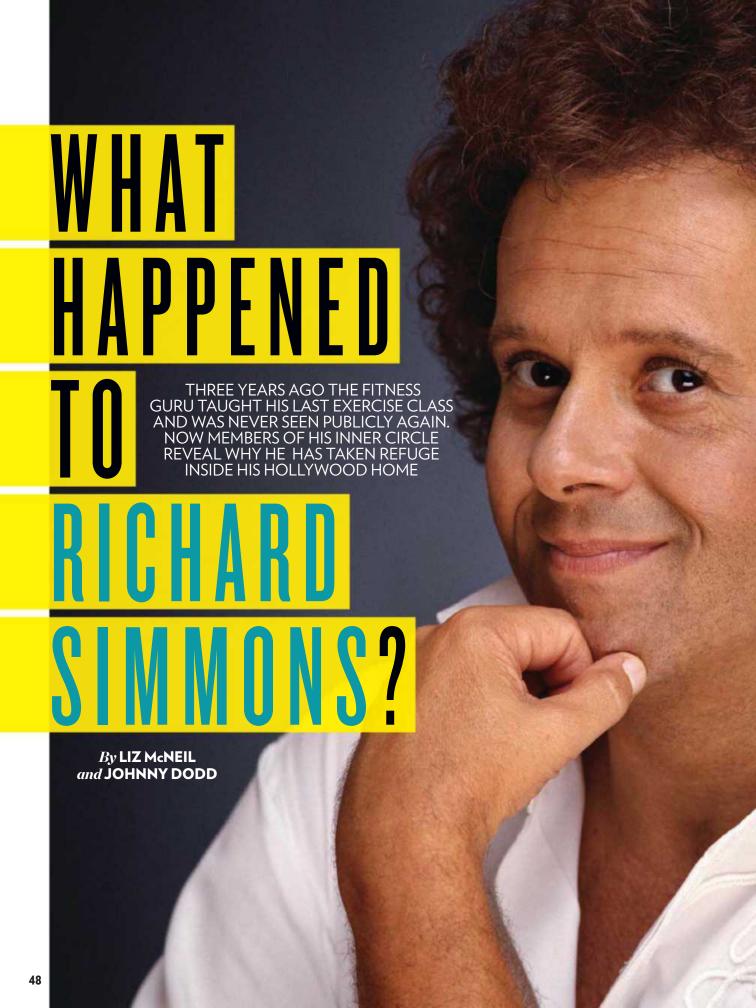
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mons—and the start of a deepening mystery surrounding the public disappearance of the man who brilliantly leveraged his painful childhood and outsize personality into a multimilliondollar fitness empire. Today the self-described "clown prince" of fitness—a pop-culture fixture who once relished hugging strangers and regaling talk show hosts-lives a life of solitary seclusion behind the walls of his Hollywood Hills mansion. Now 68, he hasn't made a public appearance since January 2014, and his primary companion is his longtime live-in housekeeper Teresa Reveles. But the further Simmons has retreated, the more curiosity has grown—fanned by former Daily Show producer Dan Taberski's hit podcast Missing Richard Simmons, which drew millions of listeners and sparked frenzied speculation about the reason for his self-imposed exile from the spotlight: Is he depressed? Privately transitioning? A hostage in his own home?

The tiny circle of people who still have access to Simmons say the rumors are baseless and hurtful. Michael Catalano, his longtime manager, calls speculation that Simmons is transitioning into a woman "absolutely untrue" and says he is in good health. "He looks great," says Catalano, who saw him just over a week ago. "He's trim and he has a beard. The other day I told him, 'There are people who think you are a very overweight, depressed woman,' and he just laughed." At the same time, the attention from the podcast-which Simmons doesn't listen to-along with "all these falsehoods," says his

-SIMMONS'S **ASSISTANT ELIJAH JONES** 

manager, has been "tough" for him. (Through Catalano, Simmons declined People's request for an interview or new photos.)

Reports that Reveles is cutting him off from the outside world are a "complete load of crap, and you can print that," says Simmons's publicist Tom Estey. "She takes impeccable care of Richard. She's nothing but a blessing to him."

Nor is Simmons depressed, says his brother Lenny, 70, noting that his only sibling is simply tired of the limelight—as Richard himself told Today during a phone interview last year, insisting that he just wants to be a "bit of a loner" for a while. "My brother is fine," says Lenny, who along with his wife, Cathy, spent five days at Richard's home over Christmas. "He calls me every Sunday, and we have a nice conversation—it's not me calling him, that's him calling me. He's always been the way he is now. He's always had his quiet time. It's just that people only saw one aspect of him, and now that they aren't seeing that, they think that something has happened, that something is wrong."

Still, there have been signs of trouble: Last June

Reveles called 911 to report that Simmons was exhibiting "bizarre" behavior, and he was subsequently hospitalized for what he said was dehydration. "I do not know the cause of it, but when he went in and they checked his fluids, they said he was severely dehydrated," says Catalano, who says he is "absolutely" not incapacitated.

Although Simmons told Entertainment *Tonight* last year that he still weighed 150 lbs. and was exercising daily, he has acknowledged issues with his knees. (He had replacement sur-



IISSING RICHARD SIMMONS Simmons's housekeeper Reveles (far left, on March 14) "is his confidante," says his manager Catalano. 'She runs the house.' Left: Podcaster Taberski (with Simmons in 2012) says, "I want to find the man behind the persona."

gery on one.) Then, around the time he taught his final exercise class in 2014, Hattie, the last of his beloved dalmatians, died. "It was very, very hard for him," says Lenny.

It was around this time when friends began to notice that Simmons was receding from contact. "I was very close to him," says June Park, owner of the Los Angeles boutique Wigs Today. "But I don't know what's going on, because I can't get him on either of his phone numbers. People stop by his house, but nobody gets to see him." His assistant Elijah Jones, who has worked for him for 35 years, shares the same frustrations. "I want my friend back in my life the way he used to be," says Jones, who last spoke to Simmons in 2014. When Jones told him how beloved he remains by his fans, Simmons looked teary but did not reply verbally. "Based on the 35 years I have been with him, when he doesn't say anything, that can be him taking it in," says Jones. "We both had tears in our eyes, and we both ended up crying. I wish to God I could drag him out of his house to see me, but I can't." These days when Jones calls, he speaks to Reveles. "I trust Teresa if she says Richard is okay," says Jones. "If Richard wants to speak to me, he will ask to speak to me."

Several weeks ago the LAPD showed up at Simmons's front gate for the second time in a year to check on him. "We went out and talked to him, and he's fine," says detective Kevin Becker. "Nobody is holding him hostage. He's doing exactly what he wants to do."

#### There is no doubt that Simmons has always written

his own rules. Born Milton Teagle Simmons (he changed his name to Richard at age 11) to onetime vaudeville performers Shirley and Leonard, Simmons was raised in New Orleans's colorful French Quarter and has repeatedly described his childhood as a "constant struggle." In his 1999 memoir Still Hungry—After All These Years he wrote of his father's sternness, "Leonard liked order in his life, and if something was slightly amiss, God protect you." Food became a refuge, and he struggled with his weight from an early age. "At 4, it didn't bother me," Simmons told People in 1981. "But at 5, I knew what people were saying. The worst part was not being accepted by my peers." Savagely bullied for his weight by classmates, he learned the skills of salesmanship, hawking homemade pralines on street corners to bring in extra cash for the family while dreaming of one day becoming a priest. Even as a boy, the wisecracking Simmons realized he could use his quick wit to keep the out-







#### LIVING OUT LOUD

1. Dressed in drag for a 2013 music video. 2. On Late Night with David Letterman, where he was a favorite quest, in 2006. 3. At a Hurricane Sandy October 2013 benefit with famed swimmer Diana Nyad. "He took the shame out of being overweight, a profound service to America," says Nyad. 4. Simmons in 2013 as Wilbur, one of his many characters. 5. With Katy Perry at the 2013 MTV Video Music Awards. 6. His smash Sweatin' to the Oldies series.

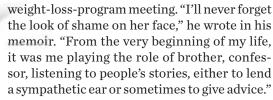
side world from seeing the pain he felt inside. "He was absolutely depressed growing up, but he would hide it with humor," says Antoinette DiPiazza, 69, one of Simmons's closest childhood friends. "He never knew how to let go of that depression."

At his all-boys Catholic high school, the bulimic teen was bullied further. "When you think of Catholic schools in New Orleans in the 1950s and '60s, it was not a good place for people who were different-it was a survivalof-the-fittest atmosphere," says local historian Ed Branley. "Sometimes the kid who doesn't fit in or is fat is going to get bullied."

It was during high school that Simmons—who embraced his flamboyant persona early on but has never publicly discussed his sexuality found that he could comfort other wounded souls when a friend's mother broke down in front of him after being given a "piggy pin" at a

'HE WAS **DEPRESSED** GROWING UP, BUT HE WOULD

**ANTOINETTE** DIPIAZZA



The 5'7" Simmons weighed nearly 270 lbs. when

he graduated from Cor Jesu High School in 1966. He spent some time in a seminary but ultimately dropped out. "Black was not my color," he later guipped. He soon traveled to Florence to study art and not only landed a bit part in famed Italian filmmaker Frederico Fellini's classic Satyricon but appeared in more than 100 commercials for everything from yogurt to underwear.

An anonymous note left on his windshield that read, "Fat people die young; please don't die," sent him on a nearly lethal dieting binge.

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He dropped 112 lbs. in 21/2 months, lost most of his hair and ended up in the hospital with malfunctioning kidneys.

When he moved to Los Angeles in the early 1970s, his health crisis had forced him to learn everything he could about nutrition. After a series of jobs, including a stint as a maître d' that he quit after realizing, "I can't feed people this stuff," he opened Ruffage and the Anatomy Asylum, a combination health-food eatery and exercise studio, in 1975. Nobody, including the scores of celebrities who dropped by, had seen anything quite like it-or like Simmons, who would often hop in the laps of new customers and tell them they were fat.

By 1979 the frenetic weight-loss evangelist had become a bona fide pop-culture sensation, receiving upwards of 25,000 fan letters a day. And over the next four decades, he wrote five bestselling books, produced more than 50 popular workout videos, organized cruises, appeared on talk shows and crisscrossed the nation connecting with legions of devoted fans. "I never saw him get tired, and the man got up at 4 in the morning to start his day at the gym and make calls to the East Coast," says Jones.

One of the first celebrities to harness the power of reality television, he would reach out to overweight fans-often with cameras in towand dole out equal parts advice, sympathy and tough love. He did the same when cameras weren't around, say those closest to him. "He's helped millions of people lose millions of pounds," says Estey. "And for 40 years he took care of everyone but himself."

"He was a nonstop ball of energy."

And taking care of himself, says his brother, is exactly what he's doing now. "After 40-odd years he just decided that he wants to rest, and I certainly can't blame him," says Lenny. "If I have any message at all for his fans, it's this: It doesn't mean that he doesn't love and think about his fans, he just decided that it's time for him to be quiet and enjoy his life. I've been on numerous cruise trips with him, and they were exhausting to me. I can't imagine what it was like for him." And so, even for a man who seemed to run

'HE KNEW LIKE TO BE

**SIMMONS** 

#### **A LIFETIME OF PERFORMING**

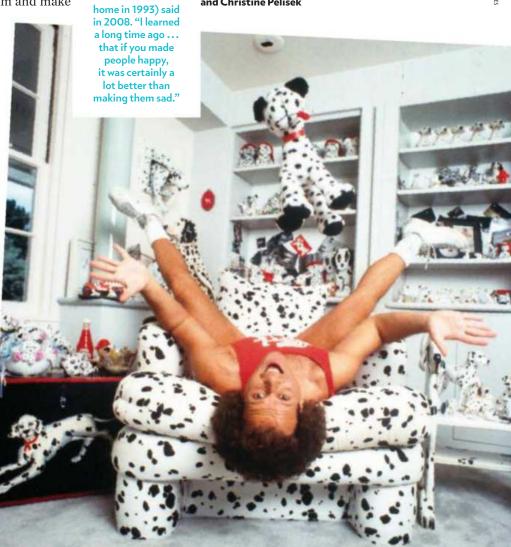
"I sold pralines on the street corner to bring extra money to my parents, and I would have to be cute and adorable,' Simmons (with his collection of dalmatian dolls at home in 1993) said in 2008. "I learned a long time ago ... that if you made people happy.

off a spotlight-powered battery, the time had come to "cut off" his career, says Lenny. "It's his decision not to be seen."

These days he spends his time watching the news (60 Minutes is a favorite) and game shows (Jeopardy! and Wheel of Fortune) and relaxing in his garden among the many visiting hummingbirds. "When I look at him, he still looks like my brother-he has the beard, and his hair is a little grayer, but you expect that at 68," says Lenny. Does he have any regrets? "He doesn't seem to. He never says, 'I wish I was doing this, or I'm upset about that.' It's more, 'I enjoyed doing what I did, I hope I made a contribution, but I don't miss it."

In the end, maybe Simmons himself answered the riddle surrounding his life now way back in 1981, at a time when his career was first exploding and everything seemed possible. "I work real hard to make people laugh and to make them think," Simmons told People in a rare moment of self-reflection. "The day I don't love any of this, I'll walk away."

#### With Julie Mazziotta, Rose Minutaglio, Gabrielle Olya and Christine Pelisek



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# My Family Is Complete

THE TODAY HOST OPENS UP ABOUT BALANCING WORK AND TWO KIDS: 'I CAN'T GET OVER HOW LUCKY I AM'



hair: Laura bonanni castorino/rossano ferretti hairspa; makeup: mary kahler



nah Guthrie has already put in a full workday. "I'm always joking that this is the only job where you can go away on maternity leave and not get much sleep but still feel more rested," says the Today show coanchor, who welcomed her second child, Charley, in December. "The 3 a.m. alarm is real. The struggle is real. But the adrenaline and the excitement keep you going at that hour-that and some coffee."

Back at work Guthrie now has her routine down to a science when it comes to juggling a high-profile role on the NBC morning show and caring for her newly expanded family. "I was a little weepy," she confesses of leaving 3-month-old Charley and daughter Vale, 2, with her husband of two years, communications consultant Michael Feldman, 48, to return to work. "But I really do have the best working mom job." From 7 to 9 a.m. she's on-air alongside Matt Lauer, interviewing everyone from Kellyanne Conway to Jennifer Lopez. Then "on a good day I'm home by lunchtime, and I get to hang out with the kids all afternoon,

reading a book

to Vale. It's a lot

of juggling.'

Watch the full episode of People Features: Savannah Guthrie and Her Family, available now. on the new People/ **Neekly Network** (PEN). Go to people.com/PEN. or download the PEN app on your favorite device.

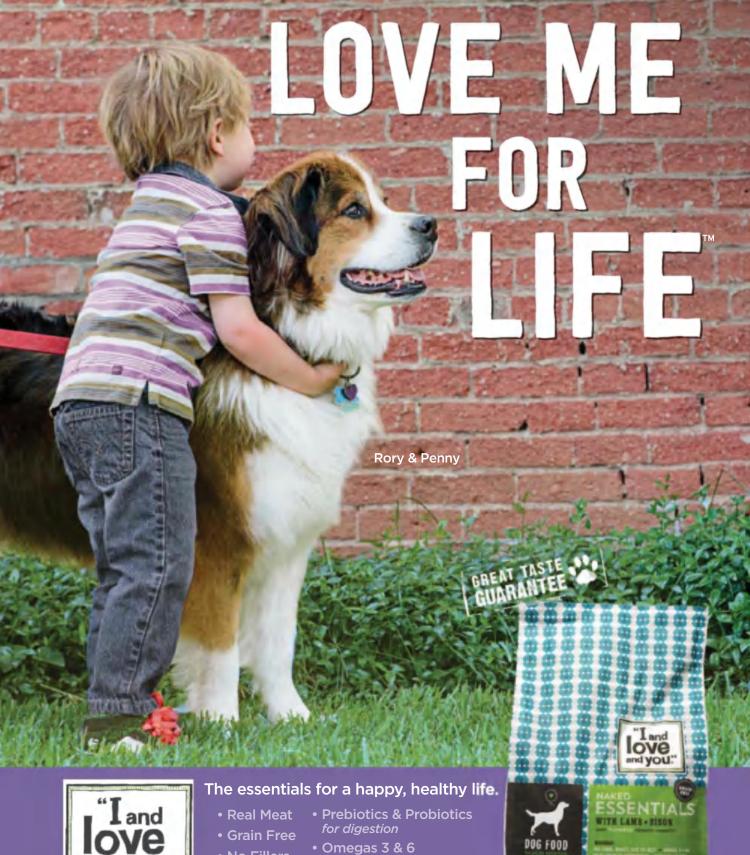
and we go to bed at the same time!" she says. "I can't get over how profoundly lucky I am that I get to have these two little ones. I'm very thankful."

It's been a particularly special time for Guthrie, who says she was "superstitious" going into her second pregnancy in her mid-40s. "I'm 45 years old, so I was just hoping that everything would turn out okay," she says, adding that she held back on shopping for baby No. 2 "because I didn't want to jinx it." Instead, after finding out the baby's gender ("It took every ounce of patience not to find out with Vale, and I don't think I could have sustained it again," she says), "I was like, 'Do you think lavender is really a girl's color?" she recalls with a laugh. "I'm frugal. There have been a few little items that Charley has worn that Vale wore too."

Of course sharing her old lavender onesiesand her mom's attention-has taken some getting used to for Vale. "People told me when you go on your second maternity leave, it's as much about the first child as it is about the second, and I think that's really true," says Guthrie. "Vale has her moments, and she's definitely more clingy. If she sees me holding Charley, she'll drop whatever she's doing and say, 'Mommy, pick me up,' so there's definitely a little competition." That's where Guthrie says her husband comes in handy. "Vale and Mike are thick as thieves, and he takes her on little adventures," she says. "Mike has totally stepped up, even more than before. He's such a hands-on dad."

That support has been especially helpful since Guthrie confesses she already forgot most of the basics of caring for an infant. "When I had Vale, I thought I would never forget those things. They were etched in stone!" she says. "Now I can't remember any of it. I'm back to Google all the time. As a second-time mom you feel a little more experienced, but it's a haze! A happy haze, but a haze!" ●

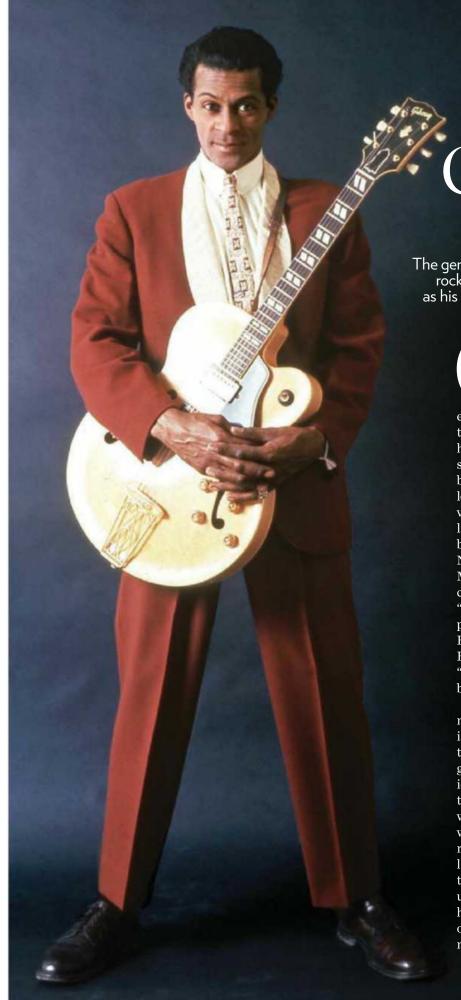






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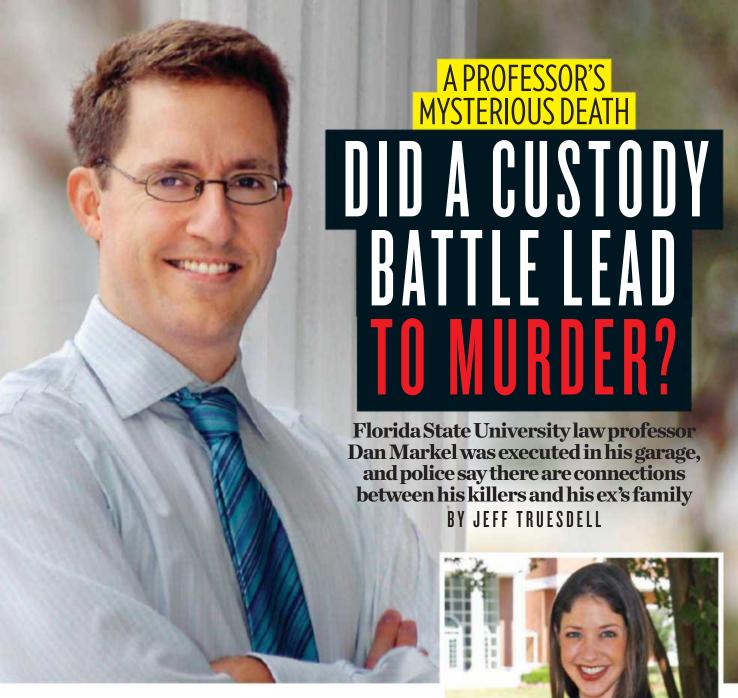
Chuck

tribute

The genius who gave birth to rock and roll lived a life as colorful as his stage presence By MIKE MILLER

> huck Berry, every bit as combustible, defiant and exciting as the music he helped create, died on March 18 of natural causes at the age of 90, leaving rock and roll to mourn its founding father. "Though his health had deteriorated recently, he spent his last days at home surrounded by the love of his family and friends," his loved ones wrote on Facebook of Berry, a vital performer to the end. He spent the later years playing hits such as "Maybellene," "Johnny B. Goode" and "You Never Can Tell" at clubs in his native Missouri while enjoying financial success that had proved elusive for decades. "Had I been pushed like Colonel Parker pushed Elvis, had I been a white boy like Elvis, sure, it would have been different," Berry told The New York Times in 2003. "But look, the last 10 years have been the best...I'm satisfied."

> In the 1950s Berry fused country music and rhythm and blues with lyrics that spoke directly to American teens, while adding a dash of unforgettable showmanship (including his iconic "duck walk"). He became one of the first African-American artists with wide crossover appeal, but his brushes with the law-ranging from a teenage robbery spree to tax evasion and alleged assault-left him a step behind the rock and roll newcomers who took up his mantle. "One of my big lights has gone out," Keith Richards wrote on Twitter. Added Mick Jagger: "Your music is engraved inside us forever."



ngaging and empathetic, Dan Markel connected with students in his criminal law classes at Florida State University in Tallahassee, Fla., often inviting small groups of them to his house for academic debates and home-cooked dinners. Cofounder of a popular and respected legal justice blog, Markel was also the devoted father of two young boys, Ben and Lincoln, and decorated his home and office with crayon drawings they'd made for him. Though friends say he was blindsided when his wife, fellow law professor Wendi Adelson, filed for divorce in 2012 after six years of marriage, he tried to make the breakup amicable -until she wanted to move the boys to South Florida to be closer to her family. "Everyone knew that

"I know how tenuous and precious life is," Wendi Adelson (right) wrote a year after the murder of Markel (above)

there was tension between the two," says Markel's friend and colleague FSU law professor Fernando Tesón. "He was annoyed that her family was meddling, he thought, in the divorce. But I never sensed he was fearful."

Tragically it turns out he may have had a reason to be. Around 11 a.m. on July 18, 2014, police found Markel shot at point-blank range in the head in his Honda Accord in the garage of his suburban home. Markel, 41, had dropped his boys off at daycare just hours before he was fatally shot. Police said he was targeted and released an image of a gray or silver Toyota Prius seen in the area, but for months there seemed to be no movement in the case. Then in the spring of 2016, police arrested two men they believed responsible for Markel's death and delivered a further shock: "Motive for this murder stemmed from the desperate desire of the Adelson family to relocate Wendi and the children to South Florida," police stated in a probable-cause affidavit, noting Markel had filed a court motion to restrict access to the boys by their grandmother Donna, who he claimed made "disparaging" comments about him to them.

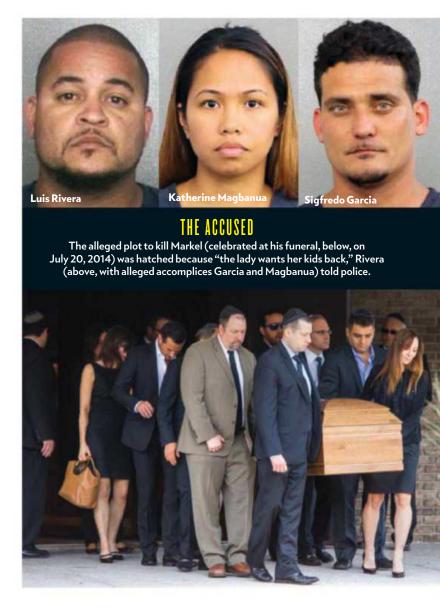
The men arrested—Sigfredo Garcia, 34, who has pleaded not guilty, and Luis Rivera, 33, who pleaded guilty to second-degree murder and is cooperating with police-led investigators to Katherine Magbanua, 32, who has two children with Garcia and allegedly had a romantic relationship with Wendi Adelson's brother Charlie, 40. Police have charged her with first-degree murder, saying she connected Charlie to the hit men. She has pleaded not guilty.

Police believe the men drove a rented Prius from Miami to Tallahassee, then trailed Markel's car before Garcia allegedly fired the two fatal shots. Rivera told police that he, Garcia and Magbanua split a \$100,000 payment for the hit. In court Tallahassee police detective Craig Isom noted an "obvious spike" in Magbanua's income after the murder, with \$4,400 she paid in cash for breast-enhancement surgery three months later and \$10,500 paid to her from the Adelson's family dental practice, operated by Charlie along with Wendi's father, Harvey.

Police also point to statements Wendi made to police the day her ex-husband was shot. "She had said that someone may have done this for her benefit without her knowledge," Detective Isom said at a December court hearing. "She made the statement that her brother had joked the previous summer about hiring a hit man but instead decided to buy her a television."

Attorneys for Wendi, Charlie and parents Donna and Harvey say the allegation that they were involved in Markel's murder is "fanciful fiction" and expressed gratitude to investigators who probed "every phone record, financial record, text message, e-mail, Internet search, everything," they said in a statement. "There is a reason that the police have not arrested any of the Adelsonsthey weren't involved in Dan's death."

Wendi, who moved to South Florida after the murder and has changed the boys' last name to Adelson, addressed suspicion about her role in



-MARKEL **FRIEND** DOUGLAS A. BERMAN

her ex's murder in a podcast for a writing course, saying, "I turned on the TV to find photos of my children . . . and a picture my friend took when I was her maid of honor showed as evidence of why I should be treated as a murder suspect and not the mother of two fatherless boys." She later added, "I find when I tell people that my children's father died, they feel sad. But when they ask the follow-up questions and find out we weren't married, they seem to feel better. I don't."

As the investigation continues, those closest to Markel are still haunted by questions surrounding the professor's shocking killing. "I'm pleased after two years of few answers we are at least getting some now," says Douglas A. Berman, a law professor at Ohio State University and a friend of Markel's. "I just want to have them confirmed so I can feel some comfort."

With reporting by Steve Miller



# MY HUSBAND IS GAY'

AFTER 17 YEARS OF MARRIAGE, THE POPULAR PARENTING BLOGGER AND HER HUSBAND, JEFF, ANNOUNCE THEIR DIVORCE By ERIN HILL



ifteen years ago, when Jeff Smokler first began questioning his sexuality, "the first person I told was my wife," he says. For Jill Smokler, who by then had been married to Jeff for barely two years, leaving her husbandher soulmate—wasn't even an option. "I signed on for this," she says now. "I could have opted out, but I couldn't wrap my head around the feeling that Jeff was

my person and now I have to walk away? It's not a secret that he kept from me. It was our secret, and we were in it together. I didn't want to walk away."

But the inevitable strain it put on their marriage didn't go away either. And finally, on March 4, after 17 years together, Jill, the founder of the popular parenting website Scary Mommy, revealed to her 15 million readers that she and her husband had agreed to divorce—because Jeff is gay. "My dominant feeling is relief," says Jill, 39. "I don't have any regrets about marrying Jeff or having children with

Jeff. I would do it all over again." Says Jeff, 39, who works in marketing and public relations: "We've been healing for a really long time. It has not been an easy road."

For much of that time, the couple who live in Baltimore with their three children, Lily, 13, Ben, 11, and Evan,

'It's been

so hard

to have

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never

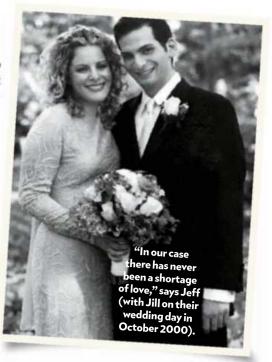
address'

-JILL SMOKLER

9-had hoped to find a way to stay together. "What's amazing to me is how in love a gay man could be with a woman," says Jeff, who met Jill in 1995, when they were freshmen at Washington University in St. Louis. "It wasn't just a matter of wanting to keep the family together or not wanting to come out; it was really about

how do I live without this woman with whom I'm in love?" They sought out therapy and over the years shared a lot of "painful, deep conversations," says Jeff. "It was not something we swept under the rug.... Jill and I viewed it as a piece of me that we had to deal with. But we both knew over time that it was becoming a bigger piece of me."

While both agree that they shared a close, physical intimacy, Jill says, "I was very obviously and painfully aware of the lack of passion. And now that I'm out of it, I realize even more how much that was lacking and how important it is." Ultimately, she says, "it's been so hard to keep this all in and so isolat-



friends and family."

Three months ago they mutually decided to separate. "Before, there was always this solid reason why it didn't make sense at that time," says Jill. "Either we had an infant or I was hav-

> ing surgery or something was going on. But we finally ran out of excuses."

> What scared them the most was telling their kidswho took the news in stride. "Lily's immediate response was to get up and give Jeff a great big hug and tell him how much she loved him," says Jill. Adds Jeff: "We told our sons that Mommy and

Daddy are going to be happy now and happier people make better parents."

Since then, they've embraced their new lives the only way they know howtogether. "The other night we spent 45 minutes on the phone talking about men-men that Jeff's interested in and men that I'm interested in," says Jill. "And it felt oddly normal." Although the kids now spend three nights a week with Jeff, whose new house is just three miles from the family home, the couple expect plenty of family dinners and vacations. "We can't be husband and wife," says Jill, "but we can still have the relationship we had before, which is amazing."

ing. It impacted my physical and mental health and my relationships with

PEOPLE April 3, 2017 65



ack in the mid-1980s, Paul McCartney wasn't feeling nostalgic about being part of the Fab Four. The pop icon had moved on, but his fellow superstar Elvis Costello prodded him to look back, "He was a big Beatles fan and said, 'Hey, do you still use your old Hofner?" McCartney recalls Costello asking of the violin-shaped bass guitar he'd

plucked alongside John Lennon, Ringo Starr and George Harrison in Beatlemania's heyday. "I had semiretired it, but he said I should get it out, and I rediscovered it." McCartney dusted off the instrument and went on to make the acclaimed 1989

album Flowers in the Dirt. The deeply personal record—which includes songs inspired by his wife, Linda, who died of breast cancer in 1998-will be reissued March 24 with rare demos and outtakes. In a *People* interview, the 74-year-old rock star looks back on a labor of love and those who helped make it happen.

#### A New Partner in Music

McCartney's collaboration with John Lennon produced some of the most

memorable hits in music, but after the Beatles officially broke up in 1970, he hadn't had a steady writing partner. On Flowers McCartney worked with Costello on four songs. "He was pulling [the album] in a little bit of a Beatle-ist

direction," McCartney says of songs like "My Brave Face" that harken back to music he made with Lennon, who was killed in 1980.

#### **Liverpool Roots**

Costello spent his teenage years in Liverpool-McCartney's hometown and the birthplace of the Beatles—and the two men swapped family stories. McCartney remembered a favorite greeting of his late father, Jim. "He was always coming out with weird phrases. It was as if he thought it was a bit boring talking in normal phrases. So he'd always say, 'Put it there, if it weighs a ton!' And you'd go, 'Oh, he means shake hands!' I grew up with that, and all sorts of other expressions-some that don't lend themselves to songs." But the song "Put It There" made it onto the record.

remember thinking. "Can we

McCARTNEY ON WRITING WITH **ELVIS COSTELLO** 



#### **The Lovely Linda**

McCartney, who wed American photographer Linda Eastman in 1969, says the song "We Got Married" is "basically our life story. It captures being first in love, like Linda and I were. The thrill-the first bloom of that for me is encapsulated in the song. I have great memories of it because it reminds me of her." Famously inseparable, the couple raised four children and were frequent creative collaborators. "For me, if you love someone, you really want to just hang out with them

all the time and just have the best life," he says. Compared to time with her, life was all "distractions," as he titled another song about their relationship. At the time of Linda's death at 56, the pair had spent fewer than a dozen nights apart during their 29 years together.

Now happily married to New York businesswoman Nancy Shevell, whom he wed in 2011, McCartney sees Linda's influence on Flowers. "It was interesting being around a photographer all the time-a beautiful one, someone who I

loved, a great cook! What's not to love?" Linda shot the album's cover (see below).

#### On the Road Again

Following the Flowers release, McCartney set out on the road for his first worldwide tour in more than a decade—accompanied by Linda and his Hofner. Sprinkling the odd Beatles track alongside his new tunes, he broke the Guinness World Record for the largest concert attendance for a solo artist. More importantly, says the music legend, "we had a great time together." •

The Stories of the Songs

#### 'That Day Is Done'

"Elvis was talking about a relative. We'd have some great conversations. This originally came from Elvis telling the story of the funeral of his aunt and how it affected him."

#### 'Figure of Eight'

"I liked the philosophy behind the lyrics of this song, the idea of not being caught in a figure of eight. Better to love than give in to hate, which now sounds to me like the recent U.S. election."

#### 'This One'

"I was interested in wordplay. I heard someone say, 'This one' and thought of 'this swan.' I envisioned a swan gliding over water lilies, like in Hindu art."



Baker 40 Las Vegas 132

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She Married Her First Responder!

DOMESTIC-ABUSE SURVIVOR MELISSA DOHME FINDS TRUE LOVE WITH CAMERON HILL, THE FIREFIGHTER WHO HELPED SAVE HER LIFE By ROSE MINUTAGLIO

he first time firefighter and EMT Cameron Hill saw Melissa Dohme, he was transporting her badly battered body to a waiting helicopter. On Jan. 24, 2012, Dohme had been stabbed 32 times by her ex-boyfriend, with 19 cuts to her head, neck and face alone. "There was blood everywhere," says Hill, 42, a firefighter/EMT with the Clearwater (Fla.) Fire Department. "We all couldn't believe how strong she was. That was the first thing I fell in love with." Dohme, who flat-lined four times

that night, says, "I wouldn't be here without him. It's a miracle."

But the real divine intervention happened 10 months later, when Dohme was honored at a luncheon to raise awareness of domestic violence. She and Hill met for the first time since the stabbing and had an instant connection. "I remember being so giddy and just laughing," says Dohme, 25. "I was like, 'This is crazy-I really like this guy!" Within two months they'd become inseparable, and on March 4 they were married at the Lange Farm in Dade City, Fla., in front of 200 guests, including six of the first responders from that fateful night. "It was a full-circle moment," says Dohme. "I spent the worst and the best day of my life with Cameron."

In between, Dohme-with Hill's helphas overcome her share of challenges, including 10 surgeries (she still has some facial paralysis). "Cameron was always there for me, loving me through it one step at a time," says Dohme, now an advocate for domestic-violence prevention at Hands Across the Bay (hands acrossthebay.org). "I was afraid to open up my heart, but fate brought us here. Life and love after abuse is possible."



Katey Sagalis no stranger to leaps of faith. After spending her 20s trying to be a rock star, she switched gears and found both stardom (11 seasons on *Married... with Children*) and accolades (she won <mark>a Go</mark>lden Globe in 2011 for playing tough-as-<mark>nails</mark> mom Gemma in the biker drama Sons of Anarchy). But sitting at her Los Angeles kitchen table on a recent Tuesday morning, Sagal is nervous. "I wrote a book! And now people are going to read it! That scares me," says the actress, 63, who still can't believe that the memories she jotted down to share with her kids morphed into a memoir, Grace Notes. "My life has been a series of getting afraid of something, doing it anyway and surviving," she muses. "My therapist says I take a lot of risks for someone who's so scared."

Given her history, it's no wonder fear has dogged her. Growing up in L.A. with a workaholic TV-director dad and a mom who battled serious depression, Sagal and her four siblings learned to expect uncertainty. "There were definitely emotional things going on at home," she says. A self-described "chubby tween" who used food as solace and ballooned to 190 lbs., she was prescribed diet pills at 16. "It was the beginning," she writes, "of what turned into a 15-year addiction to drugs and eventually alcohol." After amphetamines came street speed and then cocaine. "In hindsight," she says, "I was probably depressed and self-medicating."

#### That lifestyle continued through her tumultuous

20s. By 28, she'd married and divorced musician Freddie Beckmeier and had lost both parents. (Mom Sara died in her sleep—Sagal believes it was suicide-in 1975; dad Boris was fatally injured in a helicopter accident on location in 1981.) It wasn't until the 1986 cancellation of her first TV series, Mary Tyler Moore's short-lived sitcom Mary, that Sagal decided to get sober. "It was a good 15 years of not dealing with things, and it was time," she says. "It was really time."

Months after getting sober, Sagal was cast as big-haired wife Peg Bundy on Married ... with Children. "I was just happy to have a job," she says, and was surprised when the warts-and-all family sitcom became a hit. Her private life was looking up too: in 1991 she met drummer Jack



'We went through **IVF** and surrogacy... and Esmé is our beautiful little miracle' -KATEY SAGAL



White (no relation to the White Stripes founder of the same name) and was soon pregnant. But more loss was to come: The couple's baby, Ruby, was stillborn. "It felt like my heart had stopped too," Sagal writes. Married in 1993, she and White welcomed daughter Sarah in 1994 and son Jackson in 1996 before splitting in 2000. By the time she met her current husband, Sons of Anarchy creator Kurt Sutter, she had gone through "a process of self-exploration," the actress says. "You can't love someone else until vou love yourself."

Happily married since 2004, Sutter and Sagal welcomed daughter Esmé-"our beautiful little miracle," Sagal calls her-via surrogate in 2007. Though she loves working, Sagal says she chose her current project, new CBS sitcom Superior Donuts, because the shooting schedule is "really great for parents" and allows her more time with her family. "When you have a lot of loss early on, you realize life is a finite experience," she says. "There's a fearful feeling that comes with that, but there's also a gratitude for every day." •





hen Andrea Pett-Joseph gave birth to her son Brandon in December 2003, she knew something was wrong when doctors wouldn't let her hold him. "It was pretty crazy," says Andrea, a talent manager in Los Angeles. "I didn't even know I'd had a boy at first. They took him immediately to the NICU because they noticed skin was missing from his body. From his calf down, on both legs, it was just raw and red." Hours later the head of Saint John's Health Center's NICU delivered the devastating news to Andrea and her husband, Paul Joseph. "He said, 'We're not sure what your son has," she recalls, "'but we think it's this'-and he literally pulled out a textbook and flipped to a picture. He'd never seen it before."

A biopsy confirmed that Brandon had epidermolysis bullosa (EB), a rare and incurable genetic condition that causes painful blisters on the skin and internal organs from even minor friction. The result is disfiguring scars and, often, early death from skin cancer. Doctors told the Josephs they would need to wrap Brandon in bandages, pop his blisters with needles and bathe him in bleach to fight infections. "I just remember crying a lot," says Andrea, 51. The lack of information "was daunting," adds Paul, 52, a private wealth manager. "There were more questions than answers."

Determined to find a way to help their son, the Josephs turned to the dermatology department at the Stanford University School of Medicine, where doctors were making progress studying EB—funded in large part by the Epidermolysis Bullosa Medical Research Foundation (ebmrf .org). Convinced they could help "bring a spotlight"



**GOOD DAYS** 

Brandon on the drums. Sting (with Pitt) performed at the Rock4EB! benefit. "We really are so grateful and

blessed," says Paul.

to the research efforts, says Andrea, she and Paul launched an L.A.-based chapter of EBMRF in 2005 and began managing day-to-day operations of the foundation later that year. Since then, with events ranging from movie premieres to their annual Rock4EB! concert (Brad Pitt, Courteney Cox, Kaley Cuoco and Sting attended this year's benefit), they've raised more than \$5 million for research. "We have this ability, and we have this voice," says Paul. "We can't squander that."

'EB is a very debilitating, disfiguring disease, but we have to remain hopeful' -ANDREA PETT-JOSEPH

At the same time, they keep Brandon's life as normal as possible. In between playing the drums and basketball with friends, Brandon, now 13, is also preparing for his bar mitzvah this May. "You have to find the moments of joy in every day," says Andrea. Still, the effects of EB are ever present. Brandon's legs and feet are always in bandages, and he eats only soft foods to help avoid blisters and scarring in his mouth and esophagus. "His pain level day to day is pretty high," says Andrea. "Sometimes taking off a T-shirt is painful, brushing his teeth hurts." Adds Paul: "Every moment of every day, your child is getting older. Our mandate is to cure this disease ... because time is the one thing none of us can get back." •



# Her Beauty Tips Built a YouTube Empire

#### MARIALE MARRERO

A 26-year-old Venezuelan immigrant struck gold hosting her own YouTube beauty videos—and became a cross-cultural digital star

#### The Internet Cure for Shyness

I started my YouTube channel in 2010 in Venezuela because I followed a lot of English beauty channels, but they weren't using products I could find and didn't speak my language. I was also terrified of public speaking and was in college about to do my [biology] thesis, so I hoped it would help me with that. I didn't expect anyone to find my first video. Somehow people found it and started following me.

#### Finding a Creative Outlet

My life in Venezuela was rough. My dad had cancer for 13 years, and it was very hard because he was the only one who worked in the family. It was hard moneywise, and I knew my future was in my hands. He died just before I moved to the U.S. [to start a new life with husband Luis Valera], and I focused on filming as a way to escape. My followers didn't even know he'd died, because I was so keen on staying

positive. People watch me to get away from their problems, not to hear about mine.

#### A Bridge to America

It was a hard decision to move to the United States because my entire family lives in Venezuela, but I didn't feel like I had a future there. My husband and I decided to move to Pittsburgh so he could do his master's degree and I could focus on my channels. Now we're in L.A. We've felt very welcomed by this country, and I'm so thankful.

#### **Breaking New Ground**

I started my English-language channel to practice my English, but it's just grown. Now a lot of people want to work with me because I'm Latina. I'm paving the way for anybody who wants to jump from one language to the other. I feel lucky for all the support, but it's definitely harder when you're the first! -ALE RUSSIAN

Marrero gives viewers beauty tips and words of inspiration.

Marrero, who now has more than 10 million followers on her social media channels and has partnered with major

makeup brands like L'Oréal.

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violent fight with Ghent while on a family vacation during a brief reconciliation in 2013. The star credits a spiritual rebirth for allowing him peace. "I was dragging baggage with me that was crippling me mentally and physically," he says. "Now I feel like I've put that to rest. I can breathe again."

Howard admits violence has shadowed his life. At 2, he saw his father, Tyrone, fatally stab a man while their families waited in line to see Santa Claus at a mall in Cleveland. Tyrone, a carpenter, served 11 months in prison. Howard's mother, Anita, filed for divorce after his release, but he remained a force in their lives. "My dad whooped me every day until I was 14," says the actor, who grew up poor with three brothers. "Then he said, 'The street will whoop you from now on." Howard briefly studied at Brooklyn's Pratt Institute but dropped out to try acting in an attempt to please his mother, once an aspiring actress. "I thought if I became an actor, I'd win her approval," he says. When Anita died in 2008, Howard questioned whether he still had "a passion" for acting. As he struggled to find himself, he began to examine the beliefs he'd had his entire life. "I was raised believing the man is in charge, but I've realized marriage should be

His Violent Past Ghent (in 2011) was granted a restraining order in 2013 on the grounds that Howard hit, kicked and threatened to kill her. (He's claimed self-defense.) In a 2015 divorce hearing he argued he signed their spousal-support agreement "under duress." A judge ruled in his favor, but the decision is under appeal.

an equal partnership," says the actor, who divorced Lori in 2005 after a decade together and broke up with Ghent in 2011 after a year of marriage.

By the time he met his third wife, in 2013, Howard, who was once a Muslim and contemplated becoming a Jehovah's Witness like his first wife and three older children, had given up organized religion and found "truth" in nature. "Two weeks after meeting Mira, I gathered up things associated with my past and found a nice hill and buried them all there," he says. A week later he proposed. "Mira settled me," Howard says of his wife, 39, a former model and restaurateur. "Our marriage is effortless," she adds. "Relationships are hard work, but we really don't fight." Their home is a peaceful one. "He refuses to kill a fly," says Mira. "We're trying to teach our kids not to pick flowers." It's been a long road to such harmony, but Howard plans on staying on it. And he's only too thankful for the chance to be a better man. "I still have growing to do," Howard says. "I just hope the mistakes I make now are smarter mistakes." •



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### MICHAEL PSILAKIS Chicken & Zucchini Scaloppine

THE CHEF AND AUTHOR OF LIVE TO EAT SHARES ONE OF HIS **FAVORITE WEEKNIGHT SUPPERS** 

4 (5-oz.) boneless, skinless chicken breasts, pounded thin and halved crosswise

11/2 tsp. kosher salt, divided 1 tsp. black pepper, divided

2 medium zucchini, cut into 14-in.-thick planks

3 tbsp. extra-virgin olive oil, divided

### **People food**

4 jarred roasted red bell pepper

14 cup jarred sundried tomato pesto

4 tsp. chopped mixed fresh herbs (such as parsley, dill, and mint)

1. Preheat a grill or grill pan over mediumhigh. Sprinkle both sides of chicken with 1/2 teaspoon salt and 1/4 teaspoon pepper. Brush both sides of zucchini planks evenly with 2 tablespoons olive oil, and sprinkle both sides with remaining 1 teaspoon salt and ¼ teaspoon pepper. Place zucchini slices on grate, and grill, uncovered, until char marks appear, 1 to 2 minutes per side. Set aside. 2. Coat grate with oil. Grill chicken, uncovered, until edges are opaque, about 2 minutes. Turn chicken over, and grill until no longer pink, about 2 more minutes. Transfer chicken to a platter, and cover with aluminum foil to keep warm. 3. Place 1 chicken piece on each of 4 plates, and layer each with 1 roasted red pepper half, 1 tablespoon pesto, 1 chicken

piece, and 4 zucchini planks. Top each with 2 tablespoons pesto, and drizzle evenly with remaining 1 tablespoon olive oil. Sprinkle evenly with herb mix.

Serves: 4 Active time: 15 minutes Total time: 15 minutes



### **DELICIOUS** NEWS. ARTIFICIAL FLAVORS.







and developing recipes for her upcoming Casa Marcela cookbook (out April 25), so her fiancé, Philip Button, an entertainment manager, takes over cooking duties most nights. Their meals are "just one course with one platter on the table" and family-friendly—like grilled ribeye steaks marinated in herbs from their San Diego backyard garden, served with roasted sweet potatoes and tortillas. "We choose meals that everybody likes because we're not cooking separate foods for kids and adults." On nights when the couple aren't cooking from scratch ("I'm fine ordering a pizza once in a while"), Valladolid still finds ways to incorporate fresh ingredients. "We'll buy a rotisserie chicken and make tacos with grilled vegetables and fresh salsa to accompany it. Or we'll get frozen pizzas and add arugula and shaved Parmesan on top." Her only hard rule: "Cell phones aren't allowed at the table," she says. "Because talking with my family makes me feel grounded and calm."

-GABRIELLE OLYA



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### Nate Berkus & Jeremiah Brent

THE DESIGN POWER COUPLE (AND DAUGHTER POPPY!) DEBUT A NEW KIND OF MAKEOVER SHOW

In their new TLC show, designers Nate Berkus and Jeremiah Brent prove that they can always save the day—or at least the kitchen. "Design is the one thing we always agree on," says Berkus, 45. "I'd say that we always end up agreeing," clarifies Brent, 32. Along with their secret weapon, 2-year-old daughter Poppy—who suggests useful upgrades like "Two potties!"—the couple rescue homeowners from renovations gone wrong. In the premiere the two take on a stalled kitchen remodel ("after" picture and details above) that has forced a family of four to live out of their garage. "They had found themselves in a situation where, unless we stepped in to help them finish what they started, there was really no light at the end of the tunnel," says Berkus. The series also follows the stars as they remodel their own Los Angeles house. But this is no hair-pulling reality show. Despite the stresses of working together on daunting tasks, the two remember to be kind to each other. "Being able to work with the person that I love most in the world is a gift for me," says Berkus. - MACKENZIE SCHMIDT

**DESIGN TIPS!** NATE AND JEREMIAH SHARE



### WHERE TO SPEND

'Always appliances. After all, you are in there to cook.' -Jeremiah

### WHERE TO SAVE and it'll change a space entirely.

Paint is quick, cheap, -Jeremiah

### WHERE TO SPLURGE

Poppy

(with Nate,

left, and

Jeremiah) steals the

show.

"Use a pricier tile behind a range. You'll need less than for an entire backsplash."

- Nate

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