

91. The center of mass is initially at height  $h = \frac{L}{2} \sin 40^\circ$  when the system is released (where  $L = 2.0$  m). The corresponding potential energy  $Mgh$  (where  $M = 1.5$  kg) becomes rotational kinetic energy  $\frac{1}{2}I\omega^2$  as it passes the horizontal position (where  $I$  is the rotational inertia about the pin). Using Table 11-2(e) and the parallel axis theorem, we find  $I = \frac{1}{12}ML^2 + M(L/2)^2 = \frac{1}{3}ML^2$ . Therefore,

$$Mg\frac{L}{2} \sin 40^\circ = \frac{1}{2} \left( \frac{1}{3}ML^2 \right) \omega^2 \implies \omega = \sqrt{\frac{3g \sin 40^\circ}{L}}$$

which yields  $\omega = 3.1$  rad/s.